# TEACHER'S GUIDE VOL.42, NO.4

# TODAY'S MUSIC EDUCATION RESOURCE

# The band's back together, a new album's on the way, and fans can't wait

HOW TO NAIL YOUR FIRST AUDITION

## MUSIC AND SPIRITUALITY

LISTENING GUIDE "A Change is Gonna Come" by Sam Cooke



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# TEACHER'S GUIDE MUSICALUGE Vol.42, No.4

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For any content-related questions or comments, or to suggest an artist or topic for future coverage, please e-mail the editor at **sswanson@intunemonthly.com**. We welcome your feedback.

# FROM THE EDITOR

**IN THIS MONTH'S ISSUE**, we explore a variety of topics with the common thread of "how music can express our thoughts and feelings and help us connect with the world." Our cover act Paramore has a history of going through changes but always finding their way back to what makes them a band. And, as evidenced by their latest recording, much of their "why" is about expressing their worldview. Sam Cooke's "A Change is Gonna Come" is an anthem about the civil rights movement of the 1960's and an expression of hope for a better world that lives on to this day. Music's role in spirituality is one of expressing and conveying messages of faith, strength, guidance, and comfort. Then, finally, as musicians, we seek to constantly be growing, sometimes using auditions to focus our learning. "It can be scary to put yourself out there, but with proper preparation, you'll be able to go into any situation with confidence and express your best self."

We hope that this issue of Music Alive inspires you to discuss these ideas with your students. Whether they're just getting started or ready to start exploring new musical directions, there's undoubtedly something in these pages to help them on their way.

- Stacey Swanson, Editor-in-chief

# **HEAR THE MUSIC**

"This is Why" by Paramore "Ain't it Fun" by Paramore "A Change is Gonna Come" by Sam Cooke "Oseh Shalom" sung by Debbie Friedman "St. Matthew's Passion, Part 1, Mvt. 1" by Johann Sebastian Bach "Praising the Buddhas" traditional Buddist morning recitation "Shiv Tanday Stotram"

sung by Shankar Mahadevan

"Henna Wapic'iya Odowan (Dream Drum Song)" by Earlwin B. Bullhead "Shen Tai" by Natobi & Wa Ken "Spiritual Awakening" by Tibet Academy "Dignus est Agnus" traditional Gregorian Chant "Narayana Suktam" by Vishwanatha Sharma Aatreya "Amazing Grace" by Aretha Franklin "How Great Thou Art" by Carrie Underwood

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# A Summary of the National Core Arts Standards

# As you use this Teacher's Guide, refer to this summary of the 11 NCCAS anchor standards

#### Cr1

Generate and conceptualize artistic ideas and work

## Cr2

Organize and develop artistic ideas and work

#### Cr3

Refine and complete artistic ideas and work

#### Pr4

Analyze, interpret, and select artistic work for presentation

#### Pr5

Develop and refine artistic work for presentation

## Pr6

Convey meaning through the presentation of artistic work

#### Re7

Perceive and analyze artistic work

#### Re8

Interpret intent and meaning in artistic work

#### Re9

Apply criteria to evaluate artistic work

#### Cn10

Synthesize and relate knowledge and personal experiences to make art

# Cn11

Relate artistic ideas and works with societal, cultural, and historical context to deepen understanding

# 3



# FEATURE HOW TO NAILYOUR NEXT AUDITION

Meets National Core Arts Anchor Standards 5, 7, 9 and 10

#### OBJECTIVES

Develop and refine artistic work for presentation (Pr5)

Perceive and analyze artistic work (*Re7*)

Apply criteria to evaluate artistic work (Re9)

Synthesize and relate knowledge and personal experiences to make art (Co10)

#### MATERIALS

*Music Alive!* magazines (Vol.42 No.4) Computer or mobile device with internet access

#### START

**Ask your students to read** "NailYour Audition" on pages 6-9 before reviewing the vocabulary words below.

**Ensemble** - Group of people performing a specific musical composition together

 $\label{eq:composition} \textbf{Repertoire} - As applies to music, a list of compositions an artist knows and is able to perform$ 

Tempo - The speed or pace of a piece of music

**Sight-Reading** -The practice of reading and performing a piece of music that the performer has not seen or learned before

**Slur** - A musical notation that conveys playing a sequence of two or more notes without taking a pause between them

**Staccato** - Describes musical notes played separately and for a short duration

**Marcato** - A musical instruction indicating when a note or chord should be played louder compared to its surrounding music

Articulation - How specific notes are played or sung

Dynamics - Variation in loudness between notes or phrases

Adjudicator - In music, someone of rank who judges a performance

#### DEVELOP

#### 1. Ask students the following questions:

Why do students have to audition? What are some roles a student would audition for?

What is an audition?

What are some good ways to prepare for an audition? What is a slate and what does it consist of? What are some tips for avoiding audition jitters? What is important to remember if a director stops you in the middle of your audition? What is a "callback"? How could one feel if after an audition you are not selected?

#### 2. Listen to the "Land Your Musical Theater Audition" video.

What are the basic steps to prepare for an audition? Are any steps cautionary tales (things you shouldn't do)? How would you describe the audition process? After watching the video, does auditioning for musical theater sound interesting?

# 3. As a class, watch "5 Steps to Prepare for an Instrumental Audition."

Are these steps like or different than a musical theater audition? Name one step that could directly help you as a student now. What are your thoughts on the process the You Tuber has created?

#### CLOSE

Watch the video on beating the jitters.

After watching the video, discuss as a class whether students feel like they have the tools they need to prepare successfully for an audition.

Students will complete "All About the Article" worksheet located at <u>www.musicalive.com/worksheets</u>.

#### ASSESS

Did the students read the article? Did they answer the review questions?

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# FEATURE MUSIC OF THE SPIRIT

Meets National Core Arts Anchor Standards 7-9, 11

#### OBJECTIVES

Perceive and analyze artistic work. (Re7) Interpret intent and meaning in artistic work. (Re8) Apply criteria to evaluate artistic work. (Re9) Relate artistic ideas and works with societal, cultural, and historical context to deepen understanding. (Cn11)

#### MATERIALS

Music Alive! magazines (Vol.42 No.4) Computer or mobile device with Internet access

#### START

Ask your students to read "Music of the Spirit" on pages 10-13. Then, go over the following highlighted words. [This reinforces comprehension and vocabulary.]

**Spirituality** - Affecting the human spirit or soul rather than material or physical things

Bhajan - A devotional song in Hinduism

**Kirtan** - Chanting of mantras accompanied by dance or instruments (used in Hinduism)

**Raga** - A melodic framework for improvisation in Islamic music (it is based on a seven-note scale)

**Tala** - A rhythmic pattern of beats accompanied by tabla drums, harmonium, and percussion

 $\label{eq:sound_sound} \textbf{Sound healing} \text{-} Uses the vibrations from music to heal the mind and body$ 

Raag - A musical notation that accompanies Sikh music

 $\label{eq:maintain} \begin{array}{l} \textbf{Mantra} - A \ \text{word or phrase repeated to maintain concentration during} \\ \text{meditation} \end{array}$ 

Mindfulness - A state of mind that focuses on the present

Hymn - A religious song of praise to God

 $Improvisation-Created \ without \ preparation$ 

**Solfeggio** - a music education method used to teach aural skills, pitch and sight-reading of Western music

#### DEVELOP

As a class, watch the videos in Learn More.

How does classical music resemble mathematics? How does that relate to healing?

What instruments do you hear in the Native American video? How did the music make you feel? Did it make you move, or want to dance?

Listen to the music in Hear the Music.

Can you describe how this music sounds?

Can you tell which instruments are in each song?

Can you detect a steady beat?

What is the tempo of each song?

Does this music sound like today's music? How does it sound different?

How do you compare how the different religious styles sound? Do they sound the same?

Why do you think religion utilizes music to exemplify a teaching?

Does this playlist sound like today's music? Why? Why not? Do you recognize any of the playlists? Which ones and why?

As a class, discuss what it takes to find a more mindful state.

What techniques can one use to find a more peaceful state? Why do you think mindfulness can be a challenging process? How does certain types of music assist in finding a peaceful state?

#### CLOSE

Have students complete "All About the Article" located in the Teachers Resources section of  $\underline{www.musicalive.com}$ .

#### ASSESS

Did the students read the article? Did they review the vocabulary words? Did they answer the supplemental questions?



# SONG OF THE MONTH

## "THIS IS WHY"

by Paramore

Meets National Core Arts Anchor Standards 7-9

#### OBJECTIVES

Perceive and analyze artistic work (Re7) Interpret intent and meaning in artistic work (Re8) Apply criteria to evaluate artistic work (Re9)

#### MATERIALS

Music Alive! magazines (Vol.42 No.4) Computer or mobile device with internet access

#### START

 Ask students to read the text on pages 14-16 on their own
 Have one of the students read the text aloud on page 17
 Play "This Is Why" (Hear the Music track 1 on musicalive.com), while the students read through the notation on pages 17-18.

#### DEVELOP

1. Ask students about the story:
What is the message of the song?
Why did Hayley Williams want to write this song?
How long was the band's break period?
What did the break lead to for Hayley?
What is the significance or meaning of the lines "One step beyond your door, And I'm floating like a cannonball"?
What does "door" represent in her song?
What is the purpose of repeating the phrase "one step beyond your door"?

What does the singer think about people who express negativity online?

# The lyric includes the popular phrase "survival of the fittest". What does it mean?

2. Ask students questions about the song and its form:
Which Paramore album is "This is Why" from?
Is this song fast or slow?
What key is the song written in?
What was the source of inspiration for "This Is Why"?
How many sharps or flats are in the key signature?
In which bar does the first verse begin?
What is this song about?
What instruments are heard at the beginning of the song?
How does it make you feel? Why do you think it makes you feel that way?
Which part of the song is your favorite and why?

#### CLOSE

Watch "This IsWhy" Official MusicVideo. Discuss: As a class, discuss the components of the video as it compares to the lyrics of the song. Students complete "About the Artist" worksheet located at https:// www.musicalive.com/worksheets/

#### ASSESS

Did the students follow along with the song? Did they answer the discussion questions?





# LISTENING GUIDE "A CHANGE IS GONNA COME" BY SAM COOKE

Meets National Core Arts Standards 5, 7, 9, and 11

#### **OBJECTIVES**

Develop and refine artistic work for presentation (*Pr5*) Perceive and analyze artistic work (*Re7*) Apply criteria to evaluate artistic work (*Re9*) Relate artistic ideas and works with societal, cultural, and historical context to deepen understanding (*Cn11*)

#### MATERIALS

*Music Alive!* magazines (Vol.42 No. 4) Computer or mobile device with internet access

#### START

Ask your students to read "Listening Guide" on pages 20-21.

#### DEVELOP

1. Play "A Change is Gonna Come" by Sam Cooke (*Hear the Music track 3* on *musicalive.com*) while having the students follow along with the timeline.

#### 2. Ask students about the song.

What instruments do you hear in the intro? In the intro, are there long notes, short notes, or both? Is the tempo fast or slow? What genre is the song? How do you know? What is this song about? What adjectives would you use to describe this song? Is there anything distinctive about percussion in the song? How does this song make you feel? Do you like the song?Why or why not?

# 3. Ask students about Sam Cooke and the story behind the song.

In what year was this song written? What was the main idea of the song? What does Cooke's statement "Then I go to my brother, and I say brother help me please. But he wind up knocking me back down on my knees" symbolize? When Cooke reaches his prominent phrase "A Change is Gonna Come", what changes in the song?

What does Cooke use to illustrate the different emotions he is trying to convey throughout the song?

#### CLOSE

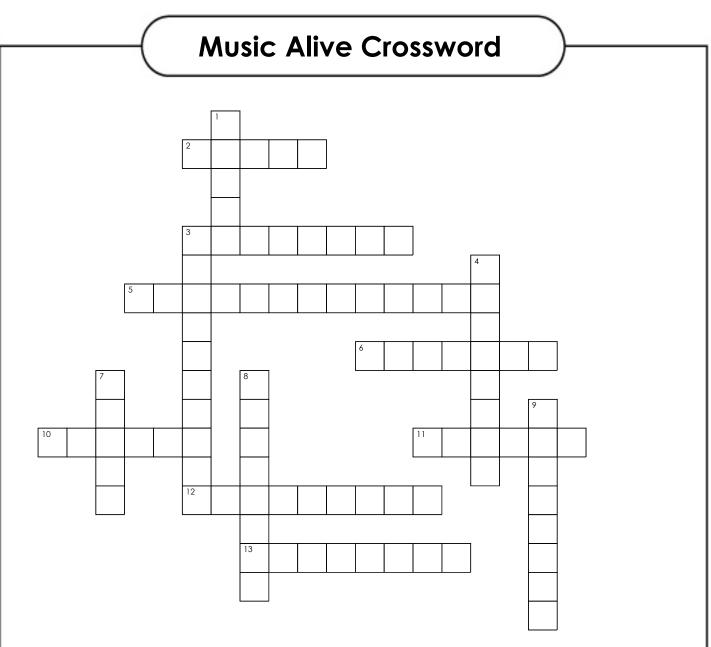
**As a class, watch the video.** Discuss as a class notable characteristics of the video. Does the video match the lyrics?

**Discuss Cooke's motivation for writing the song.** The goal is to get students thinking and talking about how music serves as a vehicle for expression. When everyone is finished, have a classroom discussion about their answers.

Have students complete "AllAboutTheArticle" on musicalive. com. <u>MA-WorkSheets2015\_6\_AboutTheArticle.pdf (musicalive.</u> <u>com)</u>

#### ASSESS

Did the students follow along with the Listening Guide? Did they listen to the song using the timeline? Did they answer the supplemental questions?



#### <u>Across</u>: →

- 2. Listening Guide singer
- 3. Like a second audition
- 5. Enables Taoists to strengthen path to \_\_\_\_\_
- 6. Orthodox form of music for Christianity
- 10. A devotional Hindu song
- 11. 'Ic' means what in Egyptian
- 12. A test based around a musical excerpt
- 13. An "interview" for a certain role

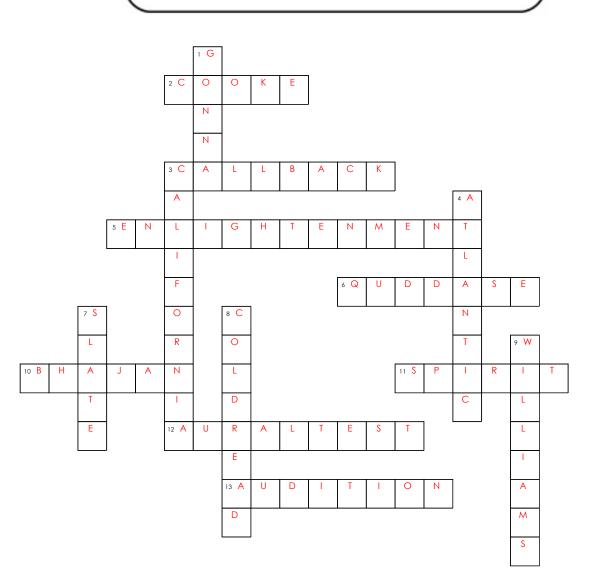
#### <u>Down</u>: ↓

- 1. "A Change is \_\_\_\_\_Come"
- 3. Disney Concert Hall State
- 4. Paramore's record label
- 7. A short introduction
- 8. A read something with no preparation time
- 9. Paramore's lead singer

# 8

# **SOLUTION**

# **Music Alive Crossword**



#### <u>Across</u>: →

- 2. Listening Guide singer
- 3. Like a second audition
- 5. Enables Taoists to strengthen path to \_\_\_\_
- 6. Orthodox form of music for Christianity
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- 8. A read something with no preparation time
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Name:

# **Music Alive Word Find**

Κ S D А Е R D L Ο С Т Ν G Р F Ο D Y Κ Ο U Κ Т S Е С Ρ F Е Х Ζ Κ S R Н R Ο F Ζ Ν Υ А Υ Т L S G J В U С W S Е С L R U F Н D L U А U С WQC Т S F D А Ν U Q Н Е В R Е J В Μ G Ο Е Ζ R J Μ Т Μ S L Ν S Q W С R ΗН G S Т Ο Ε J N С Е Н W G S С F F L V W U T Х L V U Μ А Ν Ο J Υ Т L А U Т I R Ρ S Ρ А Ν Ρ В Е Ο Т I Μ 00 С Е Ρ F U Т F Κ F Κ W Q W С G А G V Ν Т А Е Т Ν Υ Н Μ S А G Υ Κ Ν С U Ο Т Е Ζ L Ν Ο Т А В Т Κ Н .] ΗΗG Е S Т G Τ R Ο В Н В T Μ Ν А S W U QG Ζ Ν Y Т D J Ν F Y Е Е Т Н L Ο R С S Е S F В С Q U D D А А А L L А Κ Υ R J E Ν S Ρ QO С Е Е Н Е А U V G Ο А Y L Υ U G G Τ Т С Е S D Ο Х J Х Ρ U Κ Н Q А U I Ν Μ Т S L F Ρ Ρ D S Q А J Ο V Y Y L U L Υ G Ρ V MR А 7 F R ХН S 0 ХО S S V Y Т Н F А Т 0 N Y Х

Find the following words in the puzzle. Words are hidden  $\land \lor \rightarrow \leftarrow$  and  $\lor$  .

ALTERNATIVE AUDITION CALLBACK CHANGE COLD READ COOKE DISNEY HAYLEY HEBREW INSTRUMENTS MONOLOGUE MUSICAL NOTATION ORCHESTRA QUDDASE REINVENT SECULAR SLATE SPIRITUALITY THEATER TRIO

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#### **SOLUTION**

# Music Alive Word Find

D А Е R D L Ο С T С S Т S Е Н R Ν А R Ο Е Е С S L R U S L U А . . Н Е В R Е W С Т А G R Т Н Т Ο Ν Ε . . • . . • S С Е А Ν L U . Μ U Т T  $\bigcirc$ V . . L Е Т А U R S Ν Μ Υ Т Т T Ρ . Ο Τ Т . Е Ο Е Κ Ο С G V Ν А Т . Ν Y Е Ν Ο Т А • . Е Т R Т . Т Μ Ο Ν . S Ν Е R Ο . • . . . S Е Е С А L L В R Q U D D А S А С Κ Ν . . . Т T Н А Υ L Е Υ . U D T Т Ο L А Ν А Н F А Т F R Τ

Word directions and start points are formatted: (Direction, X, Y)

ALTERNATIVE (N,23,15) AUDITION (E,7,14) CALLBACK (E,11,12) CHANGE (S,17,4) COLD READ (W,11,1) COOKE (W,9,8) DISNEY (N,9,14) HAYLEY (E,14,13) HEBREW (E,10,4) INSTRUMENTS (S,2,1) MONOLOGUE (N,21,10) MUSICAL (E,12,6) NOTATION (S,22,5) ORCHESTRA (W,15,2) QUDDASE (E,1,12) REINVENT (N,20,12) SECULAR (E,13,3) SLATE (S,6,2) SPIRITUALITY (W,14,7) THEATER (E,4,16) TRIO (E,13,10)

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#### LEARN MORE

Listening Guide

Watch: https://www.youtube.com/watch?v=wEBlaMOmKV4

Music of the Spirit

Learn about Indian spirituality: <u>https://www.youtube.com/watch?v=q6QiRe4VgyE</u> Can Classical Music Heal? <u>https://www.youtube.com/watch?v=TjOjwmylXyc</u> Ancestral Chants of Native Americans: <u>https://www.youtube.com/watch?v=WaMP7a17OsY</u>

#### Cover Story

Watch "This is Why" Official Video: <u>https://www.youtube.com/watch?v=xIYJ7VaSxYY</u>

#### How to Nail Your Next Audition

Land your musical theater audition: <u>https://www.youtube.com/watch?v=5WuU7n1bpiQ</u> 5 Steps to prepare your instrumental audition: <u>https://www.youtube.com/watch?v=85bk\_Nyy8pU</u> Beat the Jitters: <u>https://www.youtube.com/watch?v=yTOmWgrXklc</u> Tips for Successful Singing Audition: <u>https://www.youtube.com/watch?v=wDnYSNjvXZo</u>

#### Cool Concert Halls

 Take a virtual tour example:

 Walt Disney Concert Hall Virtual Tour (Part 1): <a href="https://youtu.be/tesyMHUgWBI">https://youtu.be/tesyMHUgWBI</a>

 Walt Disney Concert Hall Virtual Tour (Part 2): <a href="https://youtu.be/zwF70Fyi5Co">https://youtu.be/zwF70Fyi5Co</a>

 Watch a performance example: <a href="https://youtu.be/eZIPSnx\_qK4">https://youtu.be/eZIPSnx\_qK4</a>

#### **EXTRA CREDIT**

Watch a (funny) Michael Parloff lecture: <a href="https://www.youtube.com/watch?v=4xK3qOclpQA">https://www.youtube.com/watch?v=4xK3qOclpQA</a> Perform a guided meditation: "Just Be" by Sara Clark bit.ly/ma424ms5 Violinist David Kim and The Language of Audition: <a href="https://www.youtube.com/watch?v=xdO\_dogQwss">https://www.youtube.com/watch?v=xdO\_dogQwss</a> Watch a YouTube Symphony Audition: <a href="https://www.youtube.com/watch?v=urn\_s6PHvz0">https://www.youtube.com/watch?v=urn\_s6PHvz0</a> Watch Paramore break world records in "Ain't It Fun": <a href="https://www.youtube.com/watch?v=EFEmTsfFL5A">https://www.youtube.com/watch?v=EFEmTsfFL5A</a>



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